

Evaluation Of The Protective Role Of Empagliflozin In Inflammation-Triggered Kidney Disease In Preclinical Settings

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Abstract

Inflammation has a critical part in the occurrence of diabetes mellitus (DM) and diabetic nephropathy (DN). DN, if not adequately controlled, is the principal basis for progression to end-stage renal disease. DN, existing with albuminuria, glomerulosclerosis, and decreased glomerular filtration rate, is driven by complex pathophysiological mechanisms, including inflammation as a center of causative mechanisms. In DN, high glucose levels promote renal inflammation via NF- κ B (nuclear factor kappa-light-chain-enhancer of activated B cells) transcription factors activation. NF- κ B after phosphorylation further triggers transcriptional up-regulation of NLRP3 (NLR family pyrin domain containing 3), upregulates inflammatory cytokines, and stimulates the inflammatory cascade leading to renal injury. Despite current therapies for DM, the progression of DN remains a challenge. Empagliflozin (EMP) is a sodium-glucose cotransporter 2 inhibitor. EMP has shown promising renoprotective effects beyond glycemic control in DN. Preclinical studies in animal models have demonstrated renoprotective effects of EMP beyond glycemic control, especially through its antiinflammatory properties. However, the role of EMP in the protection of DN via modulation of inflammatory pathways is still not clear. This review highlights the current evidence from preclinical animal studies that explore the effect of EMP in protecting against diabetic-associated kidney disease (DKD) through the inhibition of inflammatory pathways.

Keywords: Diabetic nephropathy, empagliflozin, inflammation, NF- κ B and NLRP3.

INTRODUCTION

Diabetes mellitus (DM) is a metabolism related condition that have the features of high glucose levels in blood along with insulin resistance (Yang et al., 2020). If not adequately controlled then DM can progress to diabetic nephropathy (DN) (Bhattacharjee et al., 2016; Khanra et al., 2017). As per current estimates, worldwide, there are ~580 million peoples with diabetes and by 2050 this number will increase to ~850 million (IDF, 2025). DN is the principle basis for end-stage renal disease (ESRD). Most of the patents diagnosed with DM are of type 2 diabetes (~90%) and 20-50% of these patents may progress to ESRD (Aboismaiel et al., 2024; Gao et al., 2021; Hoogeveen, 2022).

DN, existing with albuminuria, glomerulosclerosis, and decrease glomerular filtration rate, is driven by complex pathophysiological mechanisms including glomerular hyperfiltration, oxidative stress, fibrosis, hemodynamic changes, and inflammation (Habli, 2024). Amongst these mechanisms inflammation has emerged as a central contributor to DN progression (Bhattacharjee et al., 2016).

Despite current therapies for DM, the progression of DN remains a challenge. Sodium-glucose cotransporter protein 2 (SGLT2) is present on the epithelial lining of proximal tubule. SGLT2 inhibitors (SGLT2i) can successfully lower high blood glucose (via enhanced glucose excretion) without raising the risk of hypoglycemia as they are not insulin dependent. Several studies indicates that SGLT2i could counteract inflammation associated with DM conditions in kidney and liver of metabolic disease models (Benetti, 2016; Hsia, 2017). Dapagliflozin, canagliflozin, and empagliflozin (EMP) are some of the currently available SGLT-2i; with EMP being highly selective for SGLT2 compared to SGLT1. EMP, originally developed as a hypoglycemic agent targeting SGLT2 in the renal proximal tubules, has been shown antiinflammatory effects, making it a potential disease-modifying agent for diabetic kidney disease (DKD). However, its role on the protection of DKD via modulation of inflammatory signals is still not clear.

Therefore, the present review evaluated the preclinical data on the role of EMP in protection of DKD via modulation of inflammatory triggers.

LITERATURE REVIEW

Literature search was performed in PubMed to provide a complete and current update on the published literature, aiming to identify preclinical data on the protective role of EMP in kidney disease. Several search terms, "inflammation", "diabetes", "nephropathy", "kidney disease" or "renal injury" along with "empagliflozin"

were used to identify relevant literature. Additionally, data from ScienceDirect and Google Scholar was also searched. The potentially relevant articles were identified for the role of EMP in protection of kidney disease via modulation of inflammatory triggers. These articles are summarized in this review.

Empagliflozin and inhibition of inflammation in kidney disease: Evidence from animal studies

Inflammation has a critical part in the occurrence of DN (Dua et al., 2021). In DKD, high glucose levels promotes renal inflammation by activating transcription factors like NF- κ B (nuclear factor kappa-light-chain-enhancer of activated B cells) and upregulating inflammatory cytokines (Aboismaiel et al., 2024; Sahakyan et al., 2022). These mediators recruit immune cells to renal tissue, resulting in tubular injury, and glomerular damage (Donate-Correa et al., 2021). Modulation of inflammatory pathways is key area for inhibiting disease progression. EMP has shown promising results in progression of DKD via inhibition of inflammatory signaling pathways (Table 1).

Table 1: Pharmacological data of empagliflozin in DKD

References	Model	Key Findings	Inflammatory Markers Affected
Al-Wakeel et al. 2022	CAF-induced insulin resistance in rats	Hypoglycemic, renoprotective, hepatoprotective, antiinflammatory, and antiapoptotic effect	NF- κ B and TNF- α
Awad and Younis 2023	STZ-induced DN in albino rats	Antioxidative and antiinflammatory effect	TNF- α , IL-1 β , and IL-6
Badreldin et al. 2024	AF-induced AKI in rats	Modulation of the Nrf2/HO-1 and NF- κ B/TNF- α signaling pathways, and antiinflammatory effect	TNF- α and IL-6
Fang et al. 2024	HFD and STZ-induced diabetes in C57BL/6J mice	Improvement of renal function by reducing inflammation	NF- κ B, NLRP3, and IL-1 β
Gembardt et al. 2014	BTBR ob/ob T2D mice	Antihyperglycemic, renoprotective, and antiinflammatory effect	MCP-1, RANTES and IL-6
Guo et al. 2020	db/db mice	Inhibition of renal SGLT2 and activation of p-AMPK, and antiinflammatory effect	IL-6 and MCP-1
Huang et al. 2024	C57BLKS/J-db/m and C57BLKS/J-db/db induced by EndMT	Suppression of VEGF-C/VEGFR3 pathway and reduction of lymphangiogenesis	TNF- α , IL-1 β , TGF- β 1, and VEGF-C
Madhag and Al-Isawi 2024	STZ and fructose-induced DM in Sprague Dawley rats	Improved renal function, decreased apoptosis and inflammation	IL-6 and TNF- α
Mujalli et al. 2023	HF/HFD-induced obesity and insulin resistance in C57BL/6J mice	Improved glucose status, renoprotective and antiinflammatory effect	IL-1 β , IL-6, TNF- α , and IL10
Ojima et al. 2015	STZ-induced DN in Sprague-Dawley rats	Suppression of the AGE-RAGE Axis, block of glucose uptake into renal proximal tubular cells, and antiinflammatory effect	MCP-1, ICAM-1, PAI-1, TGF- β , and CTGF
Ramadan et al. 2025	STZ-induced DN in albino rats	Antidiabetic, antioxidative, and antiinflammatory effect	TNF- α , IL-1 β , and IL-6
Said and Abdallah 2021	STZ-induced DN in albino Wistar rats	Glucose lowering effect, antioxidative, antiinflammatory and antifibrotic effect	TNF- α , IL-6, and TGF- β 1
Shelke et al. 2023	STZ and bilateral IR-induced AKI in Wistar rats	Antihyperglycemic, reduced apoptosis, and inflammation	HMGB1/TLR4/MyD88/IK- β /NF- κ B pathway

Vallon et al. 2014	T1D Akita mice	Reduced markers of kidney growth, gluconeogenesis, and inflammation	NF- κ B, CCL2, CD14, TIMP2, and IL-6
Wu et al. 2021	HFD, high-sugar and STZ-induced DM in Sprague Dawley rats	Reduction of inflammation and renal fibrosis	TNF- α , IL-1 β , and IL-6
Yang et al. 2024	DKD in Sprague Dawley rats	Protection of kidney function, structural integrity, and antiinflammatory effect	NF- κ B, TNF- α , and MMP-9

AF: Atrial fibrillation; AKI: Acute kidney injury; CAF: Cafeteria diet; CCL2: Chemokine (C-C motif) ligand 2; CD14: Cluster of differentiation 14; DKD: Diabetic kidney disease; DM: Diabetes mellitus; EndMT: Endothelial-to-mesenchymal transition; HF: High-fructose; HFD: High-fat diet; ICAM-1: Intercellular adhesion molecule-1; IL-1 β : Interleukin-1beta; IL-6: Interleukin-6; IR: Ischemia-reperfusion; MCP-1: Monocyte chemoattractant protein-1; MMP-9: Matrix Metalloproteinase 9; NF- κ B: Nuclear factor κ B; NRF2: Nuclear factor erythroid 2-related factor; HO-1: Hemoxygenase 1 (HO-1); PAI-1: Plasminogen activator inhibitor-1; p-AMPK: Phosphorylated AMP-activated protein kinase; RANTES: Regulated on activation normal T cell expressed and secreted; SGLT2: Sodium glucose transport protein 2; STZ: Streptozotocin; TGF- β : Transforming growth factor-beta; TGF- β 1: Transforming growth factor-beta1; T1D: Type 1 diabetes; T2D: Type 2 diabetes; TIMP2: Tissue inhibitor of metalloproteinases 2; TNF- α : Tumor necrosis factor-alpha; VEGF-C: Vascular endothelial growth factor-C.

Al-Wakeel et al. (2022) examined the renoprotective role of EMP in rats with insulin resistance-induced by a cafeteria diet (CAF). Treatment with EMP decreased kidney levels of high TLR-4 (toll-like receptor-4), NF- κ B, and HMGB-1 (high mobility group box-1). It also decreased the TNF- α (tumor necrosis factor-alpha) concentrations and caspase-3. EMP exhibited antiinflammatory, anti-apoptotic, and renoprotective qualities.

EMP's effects were examined in ob/ob BTBR mice. In ob/ob BTBR mice without hypertension, EMP therapy had an impact on diabetes-related renal inflammatory markers (RANTES [regulated on activation normal T-cell expressed and secreted], MCP-1 [monocyte chemoattractant protein-1], and IL-6 [interleukin-6]), hypertrophy of glomerulus, and expansion of mesangial matrix. EMP improved the early symptoms of DN (Gembardt et al., 2014).

Madhag and Al-Isawi (2024) assessed the impact of EMP in rats with diabetes induced by streptozotocin (STZ). EMP therapy delayed the development of DN in diabetic Sprague Dawley rats by lowering tissue caspase-3 and serum TNF- α , IL-6, urea, creatinine, and glucose. It also enhanced kidney activity and decreased apoptosis and inflammation (Madhag and Al-Isawi, 2024).

Mujalli et al. (2023) assessed the role of paricalcitol and EMP in mice with DN. In treating DN, EMP was superior to paricalcitol monotherapy. Their combination demonstrated better nephroprotection, most likely due to improved glycemic management and increased kidney antiinflammatory and antioxidant effect. The treatment reduced kidney damage, apoptosis, oxidative stress, inflammatory markers (IL-6/TNF- α /interleukin-1beta [IL-1 β]), renal sterol regulatory element-binding protein-1 (SREBP-1) lipogenic molecule, and adipokines (resistin/leptin).

In rats with ischemic acute kidney injury (AKI) and diabetes, the impact of EMP with as an adjuvant with phloretin (a TLR-4 inhibitor) was assessed. In addition to their antihyperglycemic action, phloretin and EMP both decrease apoptosis and inflammation by targeting the TLR-4/HMGB-1/myeloid differentiation primary response 88/IkappaB α /NF- κ B pathway (Shelke et al., 2023).

The effects of EMP was assessed in diabetic type 1 Akita mice. EMP reduced or stopped the rise in glomerular size and markers of inflammation (chemokine ligand 2 [CCL2], cluster of differentiation 14 [CD14], tissue inhibitor of metalloproteinases 2 [TIMP2], IL-6 and NF- κ B), gluconeogenesis, and kidney injury development (Vallon et al., 2014).

The effects of EMP and ursolic acid were investigated in DM rats. DM was generated by feeding of high-fat diet (HFD) along with high-sugar and injecting with STZ intraperitoneally. By lowering inflammatory markers (IL-6, TNF- α , and IL-1 β), fibrosis in kidney and oxidative stress, the combination was observed to alleviate DN (Wu et al., 2021).

In DKD rats, Yang et al. (2024) examined the kidney protective efficacy of EMP and ADMSCs (mesenchymal stem cells derived from adipose) in combination. Combined ADMSCs-EMP were effective in protecting renal

function and structural integrity. The treatment decreased the levels of the markers of fibrosis, oxidative stress, apoptosis, inflammation (TNF- α /matrix metalloproteinase-9 [MMP-9]/NF- κ B), and mitochondrial damaged.

Ojima et al. (2015) reported that treatment with EMP for 4 weeks significantly inhibited oxidative stress, inflammation (MCP-1, ICAM-1 [intercellular adhesion molecule-1], PAI-1 [plasminogen activator inhibitor-1], TGF- β [transforming growth factor-beta], CTGF [connective tissue growth factor]) and fibrotic reactions in the renal tissues of diabetic rats via modulation of advanced glycation end products (AGEs) and receptor for advanced glycation end products (RAGE).

In the study by Ramdan et al. (2025), EMP treatment attenuated the STZ-induced DN in male albino rats, via its antioxidative, antidiabetic, and antiinflammatory (TNF- α , IL-6, and IL-1 β) effects.

Another study evaluated the renoprotective effect of EMP in STZ-induced diabetic rats. EMP showed kidney protective effect via its glucose reducing, antiinflammatory (TNF- α , IL-6 and TGF- β 1) and antioxidative effect (Said and Abdallah, 2021).

Awad and Younis (2023) reported that EMP treatment in STZ-induced DN rats significantly decreased the serum urea, creatinine, and blood urea nitrogen (BUN), and showed reduction in inflammatory markers (TNF- α , IL-1 β , and IL-6) and oxidative stress and fibrosis.

In C57BLKS/J-db/m and C57BLKS/J-db/db mice, EMP treatment attenuated the DKD by inhibition of inflammation (TNF- α , IL-1 β , and TGF- β 1), lymphangiogenesis and lymphatic endothelial-to-mesenchymal transition via the VEGF-C [vascular endothelial growth factor-C]/VEGFR3 [vascular endothelial growth factor receptor 3] pathway (Huang et al., 2024).

Fang et al. (2024) reported that EMP treatment protect the DN in HFD and STZ-induced diabetic mice by improvement of renal function, and reduction of inflammatory marker (IL-1 β) by targeting NF- κ B and NLRP3 (NLR family pyrin domain containing 3) inflammasome.

In a study, EMP was found to protect against acetylcholine (ACh) and calcium chloride (CaCl₂)-induced atrial fibrillation (AF) and AKI in rats by targeting Nrf2 (nuclear factor erythroid 2-related factor 2)/HO-1 (hemoxygenase-1) and NF- κ B/TNF- α signaling pathways showing antiinflammatory (TNF- α and IL-6) and antifibrotic effects (Badreldin et al., 2024).

Guo et al. (2020) observed that EMP attenuated the DN by inhibiting renal SGLT2 and activating the AMPK signaling pathway in db/db mice, suggesting antiinflammatory (IL-6 and MCP-1) and antifibrotic effect.

Yang et al. (2023) reported that EMP prevent the renal ischemia-reperfusion injury (IRI) via possessing antiinflammatory effect and modulation of AMPK (AMP-activated protein kinase)-OAP-1 (optic atrophy 1) pathway in C57BL/6 mice model of renal injury.

In non-diabetic rats, IRI led to a significant increase in BUN and serum creatinine and these elevated kidney injury markers were significantly decreased by EMP treatment. EMP treatment also decreased oxidative stress (i.e., MDA [malondialdehyde] levels) and the inflammatory markers (IL-1 β and TNF- α). EMP treatment elevated the expression of Nrf2 and PPAR- γ (peroxisome proliferator-activated receptor gamma) coactivator 1- α (PGC-1 α) providing defense against oxidative stress (Ala et al., 2022).

In a study by Duan et al. (2024), EMP treatment was associated with decrease of urinary levels of calcium oxalate and inhibited the inflammation (VEGF, IL-2, IL-1 β , and MCP-1). The study showed promising results for managing hyperoxaluria in rats.

Chen et al. (2022) showed that EMP possess metabonomics-based nephroprotective mechanism in obese mice which could delay the progression of obesity-associated nephropathy. In this study EMP inhibited lipid deposition, glomerulus and tubules injury.

In hypertension-accelerated kidney disease in db/db mice, EMP inhibited the progression of nephropathy and showed nephroprotective effect in synergism with lisinopril (Østergaard et al., 2021).

Kim et al. (2019) found that in nondiabetic salt-sensitive male hypertensive rats, EMP treatment normalized the pressure natriuresis and increased kidney medullary expression of HIF-1 α (hypoxia-inducible factor 1-alpha) and inhibited the inflammation in renal tissue.

In a gentamicin-induced rat model of AKI, EMP treatment showed the renoprotective effect via modulation of sirtuin 1 (SIRT1)/NF- κ B pathways resulting in decreased renal inflammation, oxidative stress, and apoptosis (Botros et al., 2022).

Similarly, in a paracetamol-induced mice model of AKI, EMP treatment was associated with renoprotective effect by modulation of AMPK/SIRT1/PGC-1 α pathway. EMP treatment was associated with reduced oxidative stress

(with increase expression of Nrf2) and inhibition of NF- κ B inflammatory mediators (IL-1 β and TNF- α) (Mosalam et al., 2025).

Huang et al. (2021) reported that EMP can ameliorate the free fatty acid (FFA)-induced lipotoxicity in mice renal tubule cells. EMP's protective effects were reported to be mediated via PPAR γ /CD36 pathway.

In wild-type or drug-inducible low-density lipoprotein receptor-related protein 2 (LRP2)/Megalin and Arg5 knockout mice, EMP treatment decreased albumin exposure and prevents autophagy stagnation in kidney proximal tubules, which showed EMP's potential in mediation of renoprotection by SLC5A2 (solute carrier family 5 member 2) inhibition (Matsui et al., 2025).

In LPS-induced sepsis model of mice, EMP treatment was associated with survival benefits likely to be mediated via reduced systemic and renal inflammation (Maayah et al., 2021).

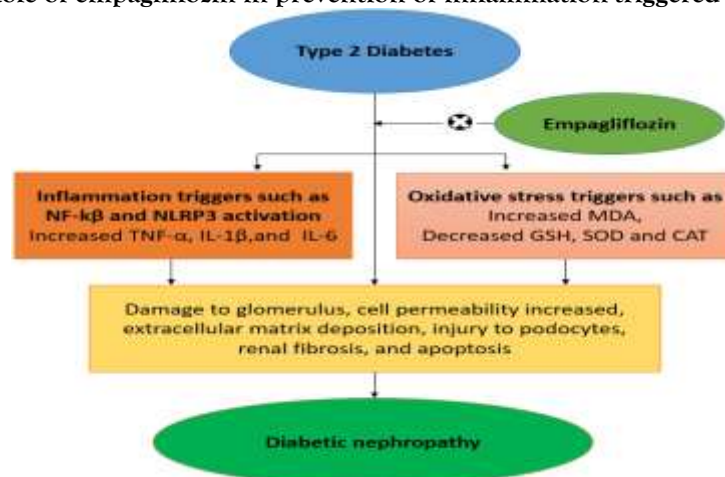
Osman et al. (2021) reported that EMP possess renoprotective effect against methotrexate-triggered kidney injury. EMP's beneficial effects were mediated through reduced NF- κ B, Keap1 (Kelch-like ECH-associated protein 1), HSP70 (heat shock protein 70), and caspase-3 expression and elevated in Nrf2, PPAR- γ and HO-1 expressions.

DISCUSSION AND CONCLUSION

Inflammation triggered by high glucose level is the major factor in the generation of DN (Dua et al., 2021). Activation of the inflammasome pathways lead to elevated levels of proinflammatory cytokine which subsequently stimulates the NF- κ B transcription factor phosphorylation (Aboismaiel et al., 2024; Sahakyan et al., 2022). NF- κ B after activation (phosphorylation) further triggers transcriptional up-regulation of NLRP3 and proinflammatory cytokines and stimulates the inflammatory cascade leading to renal injury in DM (Guo et al., 2024; Wieser et al., 2013; Samra et al., 2016; Bhol et al., 2024). Inflammatory signals including NLRP3 and NF- κ B protein expressions are considerably elevated in DN, suggesting their potential role in causing the DKD (Aboismaiel et al., 2024; Dua et al., 2021; Ram et al., 2023).

Animal data have consistently shown that EMP has renoprotective effects in DKD, through its potent antiinflammatory and antioxidant effect in addition to improvement in glycemic status. The antiinflammatory effects of EMP are exerted by inhibition of cytokine release and inflammatory signals such as NF- κ B and NLRP3 activation thereby preserving renal architecture (Figure 1). Therefore, targeting these inflammatory pathways could be an important strategy for the prevention of DKD.

Figure 1: Role of empagliflozin in prevention of inflammation-triggered nephropathy



CAT: Catalase; GSH: Reduced glutathione; IL-1 β : Interleukin-1beta; IL-6: Interleukin-6; MDA: Malondialdehyde; NF- κ B: Nuclear factor κ B; NLRP3: NLR family pyrin domain containing 3; SOD: Superoxide dismutase; TNF- α : Tumor necrosis factor-alpha.

These findings support the potential of EMP for glycemic control as well as for protection of DKD and future studies can be planned with other potential emerging drugs for the prevention of DN by targeting the inflammatory pathways.

Data availability

Data sharing is not applicable to this article as the data generated has been presented in this review.

Disclosure Statement

The authors report no potential competing interest.

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