Greening The Wallet: Fintech's Influence On The Financial Behaviour Of Gen Z And Millennials

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Abstract

This study examines how the introduction of financial technology, or fintech, affects the financial behavior of Gen Z and Millennials in India, two of the most tech-savvy and connected generations. Through investment apps, digital wallets, mobile banking, and the Unified Payments Interface (UPI), fintech has completely changed how people can access financial services. Using the Technology Acceptance Model (TAM) as a theoretical framework, the study examines how perceived utility and usability affect the uptake of fintech products (Davis, 1989). To find trends in digital financial behavior, financial inclusion, social media influence, and financial literacy, a primary survey with 200 respondents was carried out.

The analysis, supported by graphical presentations and percentage-based insights, reveals that FinTech tools significantly enhance financial inclusion and promote effective money management among Indian youth (RBI, 2022; Bansal & Kumari, 2020). Visual data indicate that over 75% of respondents rely on digital payment and investment platforms for routine transactions, demonstrating high adoption rates. However, challenges such as limited financial literacy and increasing dependence on digital applications persist. A notable finding from the percentage distribution is the growing influence of social media on financial choices—often blurring the line between informed decision-making and peer-driven behavior (Mehta & Sharma, 2021).

Importantly, the study also introduces the emerging role of sustainability-focused fintech innovations, particularly through the concept of a green wallet. This digital solution encourages environmentally responsible spending and investing by tracking carbon footprints, promoting paperless transactions, and offering incentives for eco-friendly purchases. Such innovations align youth financial behavior with climate-conscious values.

The findings have critical implications for fintech developers, financial educators, and policymakers in creating secure, inclusive, and sustainable digital finance ecosystems. This research contributes to the evolving discourse on digital finance by illuminating both the behavioral trends and the sustainability potential within India's digitally empowered youth population.

Key Words: Fintech, Millennials, Gen-Z, Financial Behaviour, Financial Literacy, Green Wallet

INTRODUCTION

The rapid advancement of financial technology (FinTech) is reshaping the global financial landscape, with digitally native generations such as Millennials and Generation Z at the forefront of this transformation. Known for their adaptability and strong inclination toward mobile-first solutions, these cohorts have become key drivers of FinTech adoption (PwC, 2021). In India, a confluence of factors—including a youthful demographic profile, widespread smartphone usage, rising internet accessibility, and proactive digital governance—has catalyzed an unprecedented FinTech boom (NITI Aayog, 2021).

Flagship government initiatives like Digital India, Jan Dhan Yojana, Aadhaar-enabled KYC, and the Unified Payments Interface (UPI) have collectively broadened the scope of financial inclusion while facilitating low-cost, real-time digital transactions (NPCI, 2022). These digital enablers have created fertile ground for FinTech innovation in areas such as payments, digital lending, wealthtech, and personal finance management (RBI, 2023). Consequently, Millennials and Gen Z now routinely engage with digital wallets, mobile banking apps, Buy Now Pay Later (BNPL) schemes, and algorithm-driven advisory platforms.

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However, alongside these technological advances, questions of sustainability and financial responsibility have come to the forefront. The convenience and speed of FinTech tools often promote impulsive consumption and short-term financial gratification, particularly in the absence of robust financial literacy (OECD, 2020; SEBI, 2022). In India, financial education remains unevenly integrated into school curricula, leaving many young users vulnerable to overborrowing, credit mismanagement, and poor long-term financial planning (Basu, 2020).

The influence of social media further complicates this landscape. Aspirational content and financial advice from unregulated digital influencers frequently lead to unrealistic lifestyle choices, speculative investments in cryptocurrency or meme stocks, and a widening gap between actual earnings and perceived financial identity (KPMG, 2021; FICCI, 2022).

Amid these challenges, sustainability-oriented FinTech innovations such as "greening wallets" are emerging as promising solutions. Greening wallets integrate eco-conscious features—like carbon footprint tracking, paperless transactions, and incentives for sustainable spending—into digital financial tools. By promoting mindful consumption and ethical investment, these solutions align financial behavior with environmental values, especially among socially aware Gen Z users. They also open up new avenues for FinTech developers to combine financial inclusion with climate action.

This study is anchored in the Technology Acceptance Model (TAM), which emphasizes perceived usefulness and ease of use as primary determinants of technology adoption (Davis, 1989). Using structured responses from 200 participants and employing statistical tools such as Chi-square tests, ANOVA, and correlation analysis, the research investigates how FinTech usage influences savings behavior, expenditure patterns, financial planning, risk perception, and sustainability awareness among Indian youth.

The insights generated are valuable for policymakers, educators, and FinTech designers committed to building inclusive, responsible, and environmentally conscious digital financial ecosystems. By spotlighting both the opportunities and pitfalls of FinTech engagement among Millennials and Gen Z, this study contributes to a broader conversation on digital finance, sustainability, and youth empowerment in India's evolving economy.

1.2 Problem Statement

Building on the expanding digital financial ecosystem, FinTech has revolutionized how Indian Millennials and Gen Z manage money through tools like mobile banking, digital wallets, and BNPL services. However, its rapid adoption—often without adequate financial literacy—has led to impulsive spending, over-reliance on credit, and heightened financial risk. FinTech has empowered young users with accessible financial solutions, but many remain vulnerable due to limited financial planning skills. To promote responsible and sustainable usage, innovations such as green wallets—which encourage ecoconscious spending and long-term financial discipline—can help align youth financial behavior with both economic responsibility and environmental sustainability.

Problem Statements:

- Many young users engage with FinTech tools without sufficient financial literacy, resulting in impulsive spending and poor long-term financial decisions.
- Current FinTech platforms lack integrated sustainability features, limiting their potential to promote environmentally responsible financial behavior among digital-native users.

1.3 Objectives of the Study

- 1. To analyse fintech usage patterns among Millennials (27–42) and Gen Z (10–26), particularly students and early-career professionals, focusing on tools like digital wallets, mobile banking, and crypto platforms.
- 2. To explore the influence of fintech on financial behaviour, including budgeting, saving, investing, and borrowing habits, compared to traditional methods.
- 3. To identify key risks and challenges, such as overspending and low financial literacy, and assess the role of financial education in promoting responsible fintech use among young working and studying populations.

1.4 Significance of the Study

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This research is significant as it explores the growing influence of financial technology (fintech) on the financial behaviors of Millennials and Gen Z–two generations that are deeply immersed in digital environments. The study offers insights with broad implications:

- 1. **Financial Inclusion**: It highlights how fintech is expanding access to financial services, especially in underserved regions, empowering youth to manage their finances more independently.
- Shifting Money Habits: It examines how fintech is reshaping spending, saving, and investing
 habits—encouraging both positive behaviors and potential over-dependence on digital financial
 tools.
- Need for Financial Literacy: The research identifies gaps in financial knowledge among young
 users and suggests ways to integrate financial education within fintech platforms for better
 decision-making.
- 4. Design Insights for Developers: Findings will help fintech creators build platforms that are safer, more intuitive, and aligned with the needs of younger users, fostering responsible digital money management.
- 5. **Policy Recommendations**: The study will offer valuable input for policymakers in developing balanced regulations that encourage innovation while protecting consumers.

The theoretical foundation of this study is the **Technology Acceptance Model (TAM)** by Fred Davis (1989), which explains technology adoption through two key factors: perceived usefulness and perceived ease of use. When fintech tools, such as UPI apps or digital investment platforms, are both effective and user-friendly, adoption increases. TAM is ideal for studying Millennials and Gen Z, who value speed, design, trust, and usability. This framework helps decode their digital behavior, offering actionable insights for developers, educators, and policymakers.

Review of literature:

Financial technology (fintech) has rapidly transformed the global financial ecosystem by integrating technological advancements into traditional banking and financial services. Its influence is particularly profound among Millennials and Gen Z, who are considered digital natives. Understanding the fintech adoption patterns among these generations requires a review of both global and Indian studies.

Global Perspectives on Fintech Adoption

The widespread adoption of FinTech globally is primarily driven by its ease of use, convenience, and personalized user experiences—features highly valued by digital-native generations. The Extended Technology Acceptance Model (TAM2) developed by Venkatesh and Davis (2000) reinforces this by identifying perceived usefulness and perceived ease of use as core factors influencing technology adoption. These elements strongly resonate with Millennials and Gen Z, who prioritize seamless functionality and user-centric design in digital financial tools.

Supporting this, the EY Global FinTech Adoption Index (2019) reported that over 71% of Millennials globally use at least one FinTech service, with Gen Z adoption rising steadily due to their early immersion in smartphone and app-based ecosystems. Popular services among these cohorts include digital wallets, peer-to-peer lending platforms, robo-advisors, and even emerging assets like cryptocurrencies.

Further research by Lee and Shin (2018) highlights security, innovation, and convenience as leading drivers of FinTech usage—factors that align well with the experimental, tech-driven mindset of younger consumers. Moreover, FinTech is recognized for expanding financial inclusion, especially by connecting unbanked and underserved populations to essential financial services (Gomber et al., 2017).

However, while these developments offer great promise, they also underscore the importance of integrating sustainability and responsibility into digital finance ecosystems. As discussed earlier, the introduction of green wallets offers a timely innovation—blending convenience with environmental consciousness, and promoting not just digital access but also mindful, future-oriented financial behavior among India's youth.

Fintech Landscape in India

In India, the FinTech sector has experienced remarkable growth, propelled by flagship government initiatives such as Digital India, Pradhan Mantri Jan Dhan Yojana (PMJDY), and the Unified Payments Interface (UPI). These programs have significantly expanded access to digital financial services, especially among young and previously underserved populations. This policy-driven digital push has laid the

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foundation for a robust FinTech ecosystem that supports real-time transactions, paperless onboarding, and low-cost service delivery.

Research by D'Silva et al. (2021) indicates a strong preference among Indian youth (aged 18–35) for mobile banking and e-wallets over traditional banking methods, with convenience and peer influence emerging as the most influential factors. Similarly, Gupta and Arora (2020) found that nearly 80% of college students in urban India actively use mobile-based financial apps for payments, budgeting, and investments, reflecting high engagement with FinTech platforms.

The Reserve Bank of India (2020) has also acknowledged FinTech's critical role in advancing financial inclusion, facilitated by mobile technologies and Aadhaar-enabled digital identities. Young consumers increasingly rely on these platforms for managing credit, tracking expenses, and investing in mutual funds or digital assets—often bypassing traditional financial intermediaries entirely.

These behavioral shifts reinforce the need to embed responsible financial practices and sustainability into FinTech ecosystems. As discussed earlier, innovations like green wallets can play a transformative role in guiding this digital generation toward eco-conscious consumption, long-term planning, and financial resilience—ensuring that the benefits of digital finance align with broader goals of environmental and economic sustainability.

Gen Z and Millennials: Digital Financial Behavior

Millennials and Gen Z differ from previous generations in their financial habits. They tend to rely on apps for managing expenses, setting financial goals, and investing. Research by Deloitte (2021) indicated that 75% of Gen Z users globally are open to using digital-only banks, provided their data remains secure. This openness to digital banking also correlates with higher engagement on social media platforms where financial advice is often shared by influencers or peers.

In India, platforms like Paytm, PhonePe, Zerodha, and Groww have gained popularity among students and early-career professionals (KPMG India, 2022). These platforms combine financial functionality with gamification, ease of use, and appealing user interfaces. As a result, young users are more willing to explore investments and savings.

However, there are concerns about digital addiction and financial mismanagement. According to a report by the National Institute of Public Finance and Policy (NIPFP, 2021), many young users engage in high-risk investment behavior influenced by social media trends and peer pressure. This has raised questions about the need for stronger financial education embedded within fintech platforms.

Financial Literacy and Technology

The correlation between fintech adoption and financial literacy is another significant area of study. While fintech simplifies access to financial tools, users with low financial literacy are at risk of poor decision-making. Lusardi and Mitchell (2014) argued that financial education is critical to ensuring that users can make informed choices when using fintech tools.

In the Indian context, Sharma and Kukreja (2020) highlighted a gap between fintech access and financial literacy, especially among young adults in tier-2 and tier-3 cities. The study recommends integrating financial education into mobile apps to enhance user awareness and responsibility.

RESEARCH METHODOLOGY

This study explores the usage patterns, perceptions, and behavioral impacts of fintech adoption among Millennials (aged 27–42), typically early-career professionals, and Gen Z (aged 18–26), primarily students and young working adults. The key objectives are to assess the frequency and nature of fintech usage—covering digital payments, budgeting tools, and investment platforms—among these age groups, examine the influence of fintech on their financial awareness and decision-making, and identify major risks such as data privacy concerns, impulsive spending, and low financial literacy. A mixed-method approach was adopted, integrating both descriptive and analytical research designs. The descriptive aspect captures usage trends and preferences, while the analytical dimension explores relationships between fintech usage, trust in technology, financial literacy, and user behavior. Quantitative data were gathered through structured surveys targeting fintech users in both academic and professional settings, while qualitative insights were drawn from observed behavior patterns. Descriptive and inferential statistical tools were used to analyze the collected data. The research also accounts for socioeconomic and demographic factors

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influencing fintech adoption, providing deeper insight into motivations and barriers. By bridging behavioral analysis with digital finance trends, this study offers a holistic understanding of how fintech shapes the financial practices, risk profiles, and long-term financial well-being of students and early-career individuals in a rapidly evolving digital economy.

Null Hypothesis (H_0) : There is no significant correlation between the frequency of fintech app usage and the level of financial literacy among students.

Alternative Hypothesis (H_1): There is a significant positive relationship between fintech usage frequency and financial literacy levels among students.

These hypotheses were tested using statistical techniques such as correlation analysis to evaluate whether a higher frequency of interaction with fintech applications is associated with greater financial knowledge and responsible money habits.

Data collection primarily relied on a structured online questionnaire designed using Google Forms. The questionnaire included 15 close-ended items, covering a range of themes such as demographic details, fintech usage patterns, types of services accessed, trust in data security, and perceived impact on financial knowledge. Multiple-choice and Likert-scale questions enabled the quantitative measurement of behavior and perceptions. A pilot test was conducted with ten students to refine the clarity and reliability of the survey instrument.

Secondary data sources supported the analysis by offering industry-wide insights and contextual references. These sources included official publications by financial regulators such as the Reserve Bank of India (RBI), market research by consulting firms like PwC, McKinsey, and KPMG, as well as scholarly articles and white papers relevant to the fintech sector.

This study investigates the behavioral impact of fintech adoption among Millennials (aged 27–42), typically early-career professionals, and Gen Z (aged 18–26), primarily students and young working adults. Focusing on the Delhi NCR region, the research explores usage patterns, preferences, and the influence of fintech on financial awareness, decision-making, and digital risk exposure. The sample consisted of 200 participants selected through purposive sampling, ensuring all respondents had prior experience with at least one fintech application. The demographic profile included students and young professionals aged 18 to 35, representing undergraduate, postgraduate, and doctoral levels across diverse academic and occupational backgrounds.

A mixed-method research design was employed, combining descriptive and analytical approaches. Quantitative data were collected via structured surveys, while behavioral patterns provided qualitative insights. Microsoft Excel supported initial data tabulation and visualization, while IBM SPSS was used for advanced statistical analysis. Descriptive statistics such as mean, standard deviation, and frequency distributions summarized usage behavior. Cross-tabulations highlighted demographic variations. Pearson correlation measured associations between fintech usage and financial literacy, while Chi-square and ANOVA tested relationships across categorical variables and user segments.

Despite its value, the study acknowledges key limitations. Its focus on Delhi NCR limits geographical generalizability, and purposive sampling may introduce bias by excluding non-users. The use of self-reported data poses the risk of recall or social desirability bias. Moreover, with fintech evolving rapidly, insights may become outdated as newer technologies emerge.

Nonetheless, the research offers meaningful perspectives on how fintech adoption is reshaping the financial behavior of digitally active youth. It highlights trends in saving, spending, and investing habits, and underscores the importance of financial literacy and trust in technology among emerging generations navigating a digital financial ecosystem.

Data Analysis and Findings

4.1 Overview of Fintech Case Studies

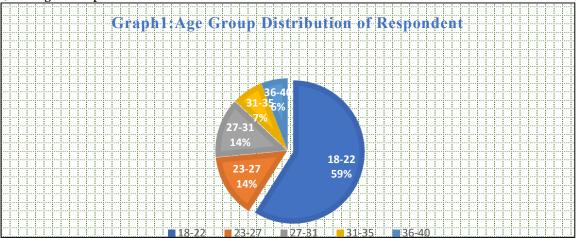
Building on the primary data collected from Millennial and Gen Z respondents in the Delhi NCR region, this analysis aims to interpret key patterns linking fintech adoption to behavioral, demographic, and attitudinal factors among young users. The study focuses on critical dimensions such as levels of financial inclusion, digital spending habits, financial literacy, and the role of social media in influencing financial choices. By examining these interconnected variables, the analysis provides a nuanced understanding of how fintech platforms are reshaping financial attitudes, particularly among Gen Z students and Millennial

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professionals navigating digital finance. The findings reveal how fintech usage aligns with improved budgeting, increased investment awareness, and evolving savings behavior. Differences based on age, education level, and occupation were also explored to understand varying adoption patterns. Through this integrated approach, the research offers valuable insights into the broader social and psychological effects of fintech on India's younger, digitally native population—highlighting both opportunities for financial empowerment and areas requiring targeted literacy and trust-building interventions.

4.2 Demographic Analysis

4.2.1 Age Group Distribution

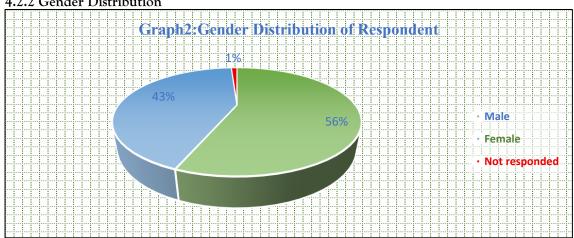


Interpretation:

Among the 200 respondents, the largest group falls in the 18-22 age range (118), followed by 23-27 (29) and 27-31 (27)-primarily representing Gen Z and younger Millennials. Smaller segments are in the 31-35 (14) and 36-40 (12) age groups.

The dominance of the 18-24 age group reflects Gen Z's strong familiarity with digital platforms, making them ideal users of FinTech services. Their early adoption signals a clear shift from traditional financial practices to tech-driven solutions, highlighting how younger generations are leading the evolution in digital financial behavior.

4.2.2 Gender Distribution

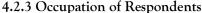


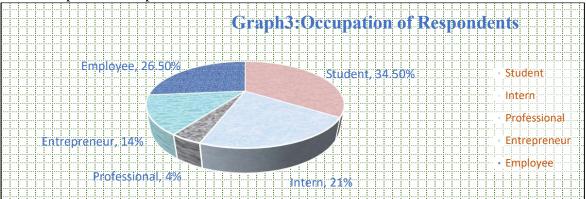
Interpretation:

The gender distribution among respondents is almost evenly split, with 56% identifying as male, 43% as female, and 1% not disclosing their gender. This near balance suggests that the adoption and use of FinTech tools is not significantly influenced by gender. Both male and female respondents appear to engage with FinTech similarly, indicating that its functionality and relevance appeal broadly and inclusively across genders.

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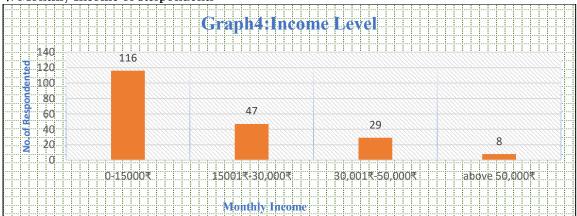


The questionnaire responses highlight a clear generational shift in financial behavior influenced by FinTech adoption. A majority of participants identified as students (34.50%), followed by employees (26.50%), interns (21%), entrepreneurs (14%), and professionals (4%).

Most students—primarily from Gen Z and younger Millennials—demonstrated active use of FinTech tools for routine transactions such as UPI payments, mobile banking, and personal budgeting apps. Their responses reflect strong digital trust, ease of access, and a preference for real-time financial control.

Older Millennials (aged 28–39), largely represented among employees, entrepreneurs, and professionals, showed high engagement with FinTech for managing investments, accessing credit, and long-term financial planning. Their preferences emphasize convenience, speed, and transparency, signaling a shift away from traditional banking systems. Overall, the data affirms that FinTech is reshaping financial habits across generations—driven by digital adoption, lifestyle needs, and evolving financial expectations.

4. Monthly Income of Respondents



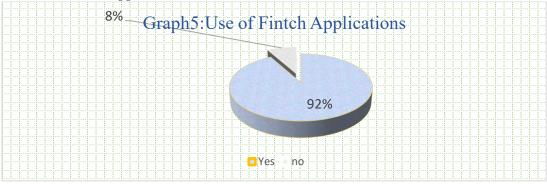
The questionnaire responses highlight a clear generational shift in financial behavior influenced by FinTech. Students made up the largest segment, followed by employees, interns, entrepreneurs, and professionals. Most students—mainly from Gen Z and younger Millennials—reported earning less than ₹30,000 per month through internships, part-time jobs, family businesses, rental income, or new-age sources like social media content creation and fitness training. These modest and diverse income streams make them highly cost-sensitive, driving preference for FinTech tools that offer free or low-cost services, instant access, and expense tracking.

Older Millennials, largely employed or running their own ventures, actively use FinTech for investment, credit, and planning purposes. Their adoption is shaped by the need for efficiency, flexibility, and control over personal finances.

Overall, FinTech caters effectively to the financial realities of both younger and older users—offering accessible, affordable, and digitally convenient solutions aligned with evolving income patterns and lifestyle needs.

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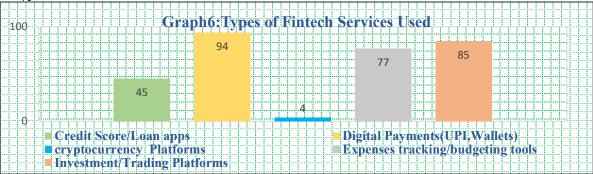
5. Use of Fintech Apps



Interpretation:

92% of respondents reported being familiar with fintech applications, with the majority belonging to Gen Z and younger millennials. This reflects widespread adoption among youth, driven by their comfort with technology, preference for cashless transactions, and the need to manage limited finances efficiently. Their strong engagement with platforms like Google Pay, PhonePe, Paytm, and mobile banking apps highlights a clear shift away from traditional banking toward mobile-first, app-centric financial solutions.

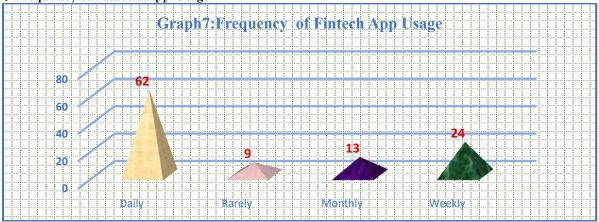
6. Types of Fintech Services Used



Interpretation:

Among the respondents who used FinTech services, both Millennials and Gen Z actively engaged with multiple platforms to avail credit benefits, cashback, and reward points. Digital payment apps like Google Pay, Phone Pe, Paytm, and Amazon Pay were most popular, offering ease of use and daily transaction rewards. Investment and trading platforms such as Groww, Zerodha, and Upstox were widely used, especially by Millennials, reflecting their focus on wealth creation. Meanwhile, Gen Z showed a strong preference for budgeting tools like Walnut and Monefy, highlighting an emerging habit of financial planning. Apps like CRED, KreditBee, and PaySense were used to monitor credit scores and avail short-term loans, indicating rising credit awareness across both generations. A few also explored crypto platforms such as CoinDCX and WazirX. Overall, the data suggests a shift toward digitally empowered and financially proactive behavior among young users in India.





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Interpretation:

Most Gen Z students, Interns, and Millennial employees reported daily or weekly use of FinTech platforms like PhonePe, Google Pay, CRED, and Groww, driven by the need for quick payments, balance checks, and financial tracking in academic, work, or business settings. These tools have become integral to their financial routines. Those using FinTech weekly or monthly primarily relied on them for scheduled investments, EMI payments, or budgeting activities, while a few rare users engaged only when necessary—such as during large purchases or bank-related issues. Overall, the data reflects how profession and digital financial needs shape frequency of usage, highlighting FinTech's role as both a daily utility and a strategic financial tool among young users.

8. Most Frequently Used Fintech Platform Table:1Most Frequently Used Fintech Platform (Multiple Responses)

FinTech Platform	Primary Use	Indicative User Segment	Remarks (Approximate Usage %)
Phone Pe	Digital payments, bill payments	Widely used by Gen Z and Millennials	Most popular UPI app; used by 76 % respondents
Zerodha	Investment, stock trading	Primarily Millennials	Trusted trading platform; used by 40 % respondents
Google Pay	Digital payments, peer transfers	Gen Z and Millennials	Easy to use and rewards- driven; used by 68 % respondents
Paytm	Digital wallet, payments, bill services	Gen Z	QR-based transactions; used by 52 % respondents
Groww	Mutual funds, stocks, SIPs	Millennials and some Gen Z	Simple investment interface; used by 37% respondents
CRED	Credit card management, score monitoring	Millennials and Gen Z	Rewards-based usage; used by 30% respondents
Other	KreditBee, PaySense, CoinDCX, etc.	Niche segments in Gen Z & Millennials	Includes loans and crypto tools; used by 18–22% respondents

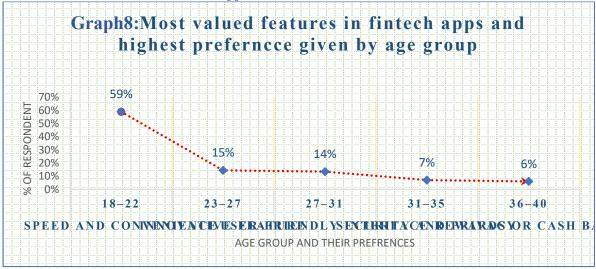
Interpretation:

Among the 92% of respondents familiar with FinTech services, a large proportion of Gen Z and younger Millennials actively engaged with a range of platforms for digital payments, investing, and credit-related activities. PhonePe stood out as the most preferred app, used by 76% of users, followed closely by Google Pay (68%) and Paytm (52%), reflecting a strong inclination toward seamless, reward-based digital transactions.

When it comes to investing, platforms like Zerodha (40%) and Groww (37%) gained popularity, especially among Millennials, underscoring their increasing interest in stock trading and long-term wealth creation. Apps such as CRED and KreditBee, each used by around 30% of respondents, were commonly used for credit score monitoring and accessing short-term loans—pointing to rising credit awareness among young users.

A smaller segment, around 18–22%, also explored other platforms including crypto apps and digital lenders, suggesting early adoption of alternative financial tools. Overall, the findings highlight a notable shift toward app-driven, financially proactive behavior among India's youth, where convenience, control, and digital-first financial planning are key priorities.

9. Most Valued Features in Fintech Apps



Interpretation:

The distribution of respondents by age group reveals critical insights into the priorities of Millennial and Gen Z users when engaging with FinTech platforms. Speed and Convenience (59%) is overwhelmingly valued by the 18–22 age group, showing their strong preference for instant, seamless transactions. Innovative Features (14.5%) attract the 23–27 age group, reflecting their interest in dynamic, tech-forward functionalities. Users aged 27–31 (13.5%) prioritize a User-Friendly Interface, indicating the need for intuitive design and easy navigation. Meanwhile, Security and Privacy (7%) matter most to the 31–35 segment, and Rewards or Cash Back (6%) appeal to the 36–40 group, highlighting a growing focus on tangible benefits.

These findings align with user feedback stating that ease of use, fast transaction times, low or no fees, and data security are the most important FinTech app features. This indicates a need for efficient, user-friendly platforms that offer real-time financial control without cumbersome processes. Although security remains a concern, users are more drawn to platforms that deliver value through speed, simplicity, and cost-efficiency.

10. Improvement in Financial Awareness via Fintech

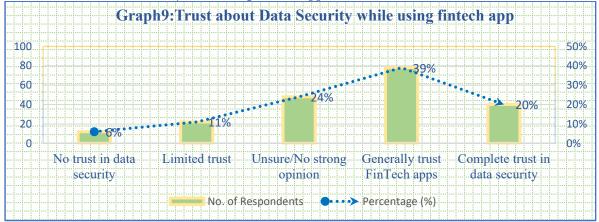
Aspect of Financial Awareness	% of Respondents Reporting Improvement
	·
Understanding of Digital Payments	85%
Awareness of Investment Options (e.g., Mutual Funds, Stocks)	72%
Ability to Track Spending and Budgeting	78%
Knowledge of Credit Scores and Loan Terms	64%
Awareness of Insurance and Tax Planning	59%
Improved Financial Decision-Making Skills	81%

Interpretation:

FinTech platforms have significantly contributed to improving financial awareness among Gen Z and Millennial users. According to survey data, 85% of respondents reported a better understanding of digital payments, highlighting the role of apps like PhonePe and Google Pay in simplifying transactions. Around 78% stated they became more aware of spending habits and budgeting, often using digital wallets and UPI apps to track expenses. 72% of users acknowledged improved knowledge of investment options such

as mutual funds and stocks, facilitated by platforms like Zerodha and Groww. Additionally, 64% gained a clearer understanding of credit scores and loan terms, and 59% reported increased awareness of insurance and tax planning. Most notably, 81% of users felt that FinTech tools enhanced their overall financial decision-making skills. These findings underscore FinTech's growing role as not just a transactional tool but a transformative medium for boosting financial literacy and promoting informed economic behavior among young users.

11. Trust about Data Security while using fintech app



Interpretation:

The analysis shows that 59% of Gen Z and Millennial users trust FinTech apps with their data, while 24% remain neutral, and 17% express distrust. Gen Z, being digital natives, trust platforms like PhonePe, Google Pay, and Zerodha due to convenience, biometric security, and app design. However, concerns remain due to past data breaches, prompting some to enable extra safety measures like two-factor authentication and virtual cards. Millennials, with a background in traditional banking, are more cautious. They tend to trust apps with clear privacy policies, RBI regulation, and responsive support. The neutral segment indicates a gap in awareness regarding how personal data is handled and protected. Real-time experiences suggest that while FinTech adoption is high, trust in data security is conditional, influenced by app transparency, user education, and past experiences. To build long-term trust, platforms must prioritize data privacy communication, user control over data, and visibly strong security features—especially as digital finance becomes the norm.

Conclusion and Summary of Key Findings

The study's findings reveal a significant correlation between the frequency of FinTech app usage and the financial literacy levels among students. The rejection of the null hypothesis confirms that those who engage more frequently with FinTech platforms tend to demonstrate greater financial awareness and understanding. This reinforces the idea that FinTech tools are not merely facilitators of convenience but also serve as informal learning platforms, promoting informed financial decision-making among Millennials and Gen Z.

These insights align with earlier observations that increased digital engagement can positively shape financial behavior. When combined with innovations like green wallets, FinTech has the potential to foster not only financial inclusion and literacy but also sustainable and responsible consumption patterns among India's youth.

This study explored the evolving relationship between Millennials and Gen Z users and FinTech platforms in India, with a focus on the Delhi NCR region. Drawing on primary data from a diverse group of respondents and supported by secondary research, the objective was to examine the adoption, usage, and perception of FinTech among young individuals. Respondents primarily identified as students, followed by employees, interns, entrepreneurs, and professionals. This distribution highlights the dominance of early-career individuals who are naturally inclined toward digital financial solutions. Popular platforms like Google Pay, PhonePe, Paytm, and Groww were widely used not only for basic transactions but also for investing, saving, and budgeting—showing that FinTech is now integral to daily financial routines.

Gen Z participants, particularly those in the 18–22 age group, emerged as the most active FinTech users. Their income sources were diverse, including internships, part-time work, family businesses, rental

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earnings, and digital platforms like social media and fitness coaching. These modest and varied income streams drive demand for user-friendly, low-cost financial tools.

The study also revealed increased financial awareness and responsibility among young users, with many engaging in digital investments early. However, concerns around data security, underutilization of budgeting tools, and limited financial knowledge were also observed, especially among less experienced users. Despite these challenges, the willingness to recommend FinTech platforms remained strong, indicating high satisfaction and growing trust. The findings underscore FinTech's role in supporting financial inclusion and literacy among younger generations, making it a key driver in the shift toward technology-enabled financial behavior.

Some of the key recommendation:

- Strengthening Financial Education: There is a clear need for increased financial literacy, particularly regarding investing, saving, and responsible borrowing. Educational institutions and FinTech companies should collaborate to incorporate financial education modules within academic curricula and app interfaces.
- ➤ Enhanced In-App Guidance: FinTech platforms should introduce more intuitive and engaging educational tools, such as interactive tutorials, personalized financial dashboards, and AI-based nudges that help users build better money habits over time.
- Improving Data Transparency and Security: Strengthening privacy policies, enhancing cybersecurity, and clearly communicating these safeguards to users can address lingering trust issues.
- Promoting Long-Term Planning: Apps should expand their goal-setting and budgeting tools and incentivize regular use through gamification or rewards, thereby nudging students toward disciplined financial behavior.
- Human-Centered Support: Given that some users expressed the need for better guidance, platforms should consider integrating live support options, chatbots with real-time answers, and accessible FAQs to address doubts quickly and build confidence.
- ➤ Policy Support: Policymakers should support initiatives that promote safe and responsible FinTech usage, particularly among the youth. Regulatory frameworks must balance innovation with consumer protection.

In conclusion, FinTech is playing a transformative role in shaping the financial practices of India's young population. The integration of digital financial tools into daily life has empowered students with more control, flexibility, and knowledge regarding their finances. However, to maximize the benefits and minimize the risks, ongoing investment in financial education, digital security, and platform usability is essential.

The findings of this study underscore the potential of FinTech to drive financial inclusion and literacy among Millennials and Gen Z. As these digital natives continue to mature, their financial behavior will significantly influence the future of digital finance in India. Supporting them with secure, transparent, and educational FinTech ecosystems is not just beneficial—it's imperative for sustainable financial growth in the digital age.

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