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# Integrating Environmental Science And Green Energy For Sustainable Development Through Ecological Protection And Restoration

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#### Abstract

Rapid deterioration of natural systems and compounding world climate crises underscore the imperative of paradigm-shattering paradigms in planning for development. In this paper, the argument is supplemented that sustainable development would be rightly achieved by incorporating ecological restoration and conservation-oriented environmental science and green energy technologies. Based on an interdisciplinary heritage, this research critically reflects on the theoretical foundations and practical interfaces of environmental science, installation of renewable energy, and restoration ecology. Through comparative policy analysis, international index assessments, and case-based empirical data in the globe, with reference to India in special, the paper critically examines to what degree ecological renewal, supplemented by green energy changes, can create systemic resilience, decarbonization, and deliver socio-economic inclusivity. Findings confirm that long-term global and human well-being largely rest upon sustainable solutions derived from systemic ecology thinking and circular economy thinking.

**Keywords**: Environmental restoration, green energy, Sustainable development, Ecosystem services, Renewable energy policy

#### 1.INTRODUCTION

The growing energy needs at the global level, and the finite environmental capacities of the planet, have ensured that the shift to green energy becomes the key impetus for sustainable development. With growing numbers of individuals and rising economies, the need to make low-cost and efficient energy services like lighting, mobility, communication, heating, and health infrastructure even more relevant will continue to grow. However, traditional fossil fuel systems proved to be environmentally unsatisfactory, emitting too much of greenhouse gases, polluting the air, and depleting natural resources [1]. On the other hand, green energy from the use of solar, wind, hydro, and biomass present a cleaner, sustainable option that prioritizes the long-term objective of conserving the environment and maintaining social justice. Encouraging green energy not only meets the pressing need for climate resilience but also offers potential opportunities for economic development, innovation, and better living standards, mainly in poor rural areas where energy poverty is a way of life. Sustainable development has now become more than a possibility to be speculated upon but a strategic imperative, deeply integrated into global agendas like the Sustainable Development Goals (SDGs) [2]. Green energy is the center of attention of this agenda since it enables countries to break the link between growth and the deterioration of the environment, decrease foreign fuel reliance, and create low-carbon inclusive economies. Transition to renewable energy

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systems is thus followed by strong policies, inclusive finance, technology shift, and community-led implementation to achieve an energy-secure, equitable, and sustainable world for everyone. Environmental deterioration, anthropogenic emissions, and biological diversity loss are some of the most pressing global issues of the 21st century [3]. The imperative to separate economic growth from environmental degradation has created a raising build-up of consensus about the necessity of sustainability-driven interventions. Environmental science offers a systems approach to estimate interdependencies between human actions and ecological impacts. In the meantime, green power technologies based on solar, wind, geothermal, hydroelectric, and biomass power as a method of reducing carbon emissions and achieving energy equality are on the rise [4]. Sustainable development can be best addressed in this study not by simultaneous breakthroughs in environmental science and renewable power but by their intricate development with special emphasis on safeguarding and renovating the environment.

# 2. Theoretical Framework and Literature Review

The shift towards sustainable development has placed environmental science and green energy at the center of international policy and research. As environmental degradation increases as a result of industrialization, urbanization, and global warming, it is urgently needed to have integrative models that integrate scientific knowledge of ecosystems and the application of green energy practices to render sustainability a long-term possibility [5]. Environmental science becomes an indispensable component in ecologizing matters, assessing anthropogenic pressures, and suggesting nature-based recovery options. Significantly, renewable energy technologies like solar, wind, hydro, and bioenergy are being seen as gamechangers mechanisms lowering the reliance on fossil fuels and lowering the intensity of greenhouse gas emissions [6]. Increasingly, work shows the co-existence of energy security and environmental health. Environmental restoration activities like afforestation, watershed conservation, and wetland restoration can be integrated with green infrastructure initiatives to provide co-benefits in the form of carbon sequestration, recovery of biodiversity, and rural livelihoods. India's renewable energy and land degradation neutrality national missions, for example, demonstrate how integrated policy can address climate resilience and socio-economic equity simultaneously [7]. However, notwithstanding these developments, challenges remain. Blanket application of green technology, policy fragmentation, and resistance of the public to land use alteration curb the scale of these interventions. Furthermore, there is debate on the sustainability of massive renewable infrastructure capable of creating ecological disturbance if not to occur within the dictates of local environmental capacity [8]. This review synthesizes interdisciplinary studies of how green power and environmental science interact to generate sustainable development, and with specific emphases on protection-restoration synergies, technology integration, and policy mechanisms that initiate systemic change.

#### **Environmental Science and Sustainability Paradigms**

Environmental science, based on theory drawn from an interdisciplinary foundation, informs knowledge of natural systems and their tipping points. The first laid out the planetary boundary's strategy as a method of delineating planetary boundary limits for human evolution [9]. Dynamic socio-ecological feedback processes were later introduced, enabling adaptive management practices that maximize ecosystem resilience.

# The Evolution of Green Energy Discourses

Green energy is driven by the imperative to decouple from fossil fuels and mitigate climate change. Literature points toward rising investment in renewable energy at a rapid pace, with IRENA (2022) projecting a 90% share of renewables in power generation by 2050. Although literature shows rapid growth in investments in renewable energy, literature also warns against environmental effects connected to uncontrolled growth in renewable infrastructure, including land-use conflict and disruption in biodiversity, hence the environmentally friendly deployment practices [10].

# **Ecosystem Restoration in Sustainability Transitions**

Restoration ecology has become the focal axis for restoring environmental degradation. The UN Decade on Ecosystem Restoration (2021–2030) has initiated global restoration activity in afforestation,

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restoration of wetlands, and rehabilitation of degraded land. Restoration serves not only to enhance biodiversity but is also a natural carbon sink, improves hydrological cycles, and reinstates ecosystem services critical to human livelihoods [11].

Table 1: Green Energy Sources And Their Sustainability Benefits

Green Energy	Primary	Key Sustainability Benefits	Limitations/Challeng	Common
Source	Resource		es	Applications
Solar Energy	Sunlight	Zero emissions during	High initial cost-	Rooftop panels, solar
		operation- Scalable &	Intermittent	farms, rural
		modular- Reduces	availability (daylight-	electrification
		dependence on fossil fuels	dependent)	
Wind Energy	Wind (air	No direct emissions- Low	Site-specific (needs	Utility-scale turbines,
	flow)	operational cost- Fast	open space)- Noise	offshore wind farms
		deployment	and visual concerns	
Hydropower	Flowing	Reliable base load energy-	Ecosystem disruption-	Dams, small-scale
	water	Energy storage through	Displacement of	hydro for remote
		pumped storage	communities	villages
Biomass	Organic	Utilizes agricultural/	May lead to	Biogas, biomass
Energy	waste,	municipal waste- Reduces	deforestation if not	stoves, rural mini-
	crops	landfill and methane	regulated- Air	grids
		emissions	pollution risk	
Geothermal	Earth's	Low carbon footprint-	- Limited to	Heating systems,
Energy	internal	Reliable and continuous	geothermal zones-	geothermal plants
	heat	energy source	High drilling costs	
Tidal/Wave	Ocean	Predictable and stable-	High infrastructure	Coastal power plants,
Energy	tides and	Abundant in coastal areas	cost- Marine	island electrification
	waves		biodiversity concerns	

# Green Energy Source Analysis

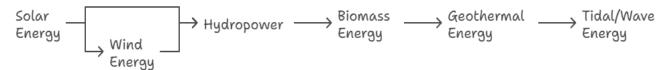


Figure 1: Green Energy Analysis

Renewable technologies like solar, wind, hydro, biomass, and geothermal are the key drivers of sustainable development because they provide clean renewable energy substitutes for fossil fuels. Each source has a unique value in terms of mitigating greenhouse gas emissions, enhancing energy access, and building economic resilience, particularly in rural and remote communities [12]. Although there are risks of intermittency, location, and initial high cost, the long-term social and environmental advantages greatly outweigh these constraints. Effectively integrated, these green technologies make it possible to attain a multitude of Sustainable Development Goals by providing affordable energy, climate action, and sustainable development, hence making them crucial to the establishment of a sustainable and equitable future world.

#### Renewable Energy Sources and Technology

Renewable energy technologies, with the steady natural supply of energy in our surroundings, are hydropower, bioenergy, direct solar, geothermal, wind, and ocean energy (tides and waves). Hydropower harnesses the energy contained in descending water to spin turbines to produce electricity, from big dams to in-stream use. It is a well-proven, clean technology with storage and multi-use advantages such as flood

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control and irrigation. While it is termed green, hydropower itself can displace individuals, alter ecosystems, and cause methane emissions in reservoirs due to decomposing vegetation [13]. Its technical potential worldwide is 14,576 TWh per annum, although installed capacity is much lower, being restricted to China, Brazil, Canada, and the USA. Bioenergy is the other significant source that is derived from organic materials such as agricultural residues, animal waste, and forestry residues for use in electricity, heat, and transportation. It holds enormous potential in the Global South but also poses challenges related to food security, land use, and habitat loss. But bioenergy can also be a driver of increased biodiversity, soil health, and sequestration of carbon if done well. Direct solar energy captures the sun's radiation using photovoltaic panels and concentrating solar power facilities, and has enormous potential since the sun delivers more than 7,500 times the world's total energy needs every year [14]. Geothermal energy, extracting the Earth's internal heat, provides a reliable supply of electricity and heat, especially in regions of geologic action. It is exploiting natural or artificial geothermal reservoirs, though it is confined by location and depth. Wind power, both on land and at sea, harvests kinetic energy in air movement with turbines and has evolved further as a tried-and-tested renewable source, especially where wind is customary. Ocean power, encompassing wave, tidal, and thermal technologies, is a huge but so far unexploited opportunity [15]. The ocean holds vast quantities of unused energy, with the initial commercial schemes already in operation in Portugal and the UK. Each of the renewable sources has its own relative advantages and disadvantages, but taken together they offer a diversified, low-carbon alternative crucial to limiting climate change, enhancing energy security, and fostering inclusive sustainable growth everywhere.

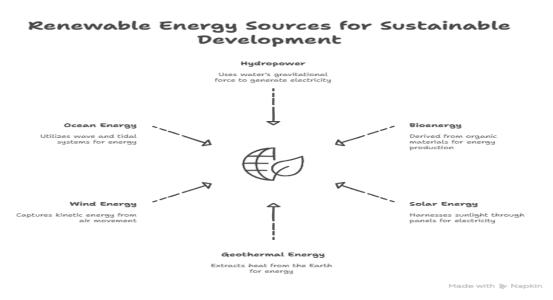


Figure 2: Sources of Renewable Energy

Renewable energy and sustainable development Contemporary Linkages and Evidence-Based Impact Renewable energy has been touted as the pillar of sustainable development practices on the global front. With countries gearing up towards carbon neutrality and energy independence, the focus of clean energy extends beyond greenhouse gas emission reductions today, it powers socioeconomic development, public health, ecological restoration, and access for all [17]. The establishment and utilization of renewable energy resources like solar, wind, hydro, geothermal, bioenergy, and ocean technologies are directly responsible for achieving large SDGs, among which SDG 7 (Affordable and Clean Energy), SDG 13 (Climate Action), and SDG 8 (Decent Work and Economic Growth) are prominent ones.

#### **Energy Security through Diversification**

The worldwide quest for clean energy has transformed the very definition of energy security. Instead of mere continuity of supply, contemporary energy security is more in the form of independence from fossil fuel import dependency, price stability and de-centralization. Renewable energy technologies are non-

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local geographically and non-concentrated in politically unstable areas such as the fossil fuels and are thus more secure in nature [18]. More than 80% of the world's new capacity to generate power came from renewables as of 2024 (IRENA, 2024). Germany and India used decentralized solar and wind units to diversify their energy mix, decreasing reliance on imported natural gas and coal.

Table 2: Global Renewable Energy Growth and Employment (2020-2024)

Region	Total Renewable Capacity	% of Electricity from	Jobs in Renewable Sector
	(2024)	Renewables (2024)	(2024)
Asia-Pacific	1,825 GW	39%	6.1 million
Europe	840 GW	50%	2.2 million
North America	620 GW	41%	1.4 million
Latin America	340 GW	68%	1.1 million
Africa	90 GW	28%	410,000
Middle East	50 GW	12%	220,000
Global Total	3,765 GW	38.7%	13.7 million

Sources: IRENA (2023), IEA World Energy Outlook (2024)

# Socioeconomic Development through Green Jobs and Rural Livelihoods

Clean growth is a strong impulse of economic development. Across the world, the renewable energy economy currently supports more than 13.7 million jobs (IRENA, 2023), from PV production and wind turbine maintenance to bioenergy transport and grid digitalization. Not only are these jobs intensive in growth but also spread geographically, with significant employment in Asia, Europe, and Latin America. India has also used rooftop systems and solar irrigation for increasing rural earnings and lowering farm energy expenses [19]. Brazil has also established sugarcane residue bioenergy value chains, connecting industrial manufacturing with rural jobs.

Table 3: Socioeconomic and Climate Benefits of Renewable Energy (2020–2024)

Country	Energy Access	GHG Emission	Key Socioeconomic Benefit
	Improvement (% points)	Reduction (MtCO <sub>2</sub> )	
India	+11.2	280 MtCO <sub>2</sub>	1.2 million solar jobs; rise in solar
			irrigation usage
Germany	+3.5	165 MtCO <sub>2</sub>	Decentralized energy cooperatives
			in rural areas
Kenya	+18.9	9 MtCO <sub>2</sub>	Widespread mini-grid
			electrification
Brazil	+7.8	130 MtCO <sub>2</sub>	Bioenergy expansion from
			sugarcane
China	+5.1	1,100 MtCO <sub>2</sub>	World's largest solar and wind
			deployment
USA	+4.6	760 MtCO <sub>2</sub>	Wind expansion and coal
			retirement

Sources: UN SDG Progress Reports (2024), World Bank Climate Dashboard (2024), IRENA (2023)

#### Improving Energy Access in Underserved Regions

It is in this context that 733 million people continue to not have access to electricity, mostly within sub-Saharan Africa and South Asia (UN, 2023). Off-grid areas have seen solar home systems and mini-grids become the most promising energy solutions. Kenya's Lighting Africa program and India's Saubhagya and PM-KUSUM schemes, for example, have heavily driven rural electrification through distributed clean energy models [20]. These efforts lower the price of diesel consumption, enhance efficiency, and finance micro-enterprises in rural areas (World Bank, 2024).

#### Climate Mitigation and Health Co-benefits

Renewables lower direct greenhouse gas emissions and air pollution like sulfur dioxide and particulate matter. GHG emissions have dropped 29% since 1990 in Europe because of the phase-out of coal and use of renewables [21]. Solar and wind expansion in China have reduced more than 1.1 billion tonnes of

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 $CO_2$  per year amid growing energy demand. These reduction in emissions also align with greater public health gains—declines in respiratory disease, diminished exposure to air pollution, and cleaner cities (UNEP, 2024).

#### **METHODOLOGY**

This research takes a mixed-methods strategy based on qualitative content analysis and empirical indicator synthesis. The research design combines four main elements: cross-state comparison of policy, analysis of international and domestic environmental and energy policy like India's National Action Plan on Climate Change, index-based measurement with Environmental Performance Index data, the Global Green Growth Index, and Renewable Capacity Database.

# **Empirical Case Analysis**

Table 4: Restoration Progress (2019-2024)

Indicator	Data/Progress	Empirical Insight
Renewable Energy	180.2 GW (as of Jan 2024)	India is on track to achieve its 2030 target
Installed Capacity		of 500 GW non-fossil capacity.
Share of Renewables in	23.2%	Strong growth driven by solar (73 GW) and
Total Electricity Mix		wind (45 GW); regional variation persists.
Land Restored under	1.35 million hectares	Restoration often dominated by
CAMPA & NAP	restored (2019–2024)	monoculture species; biodiversity impact
		moderate.
Energy Access (Rural	99.9% households	Electrification improved rural livelihoods,
Electrification)	electrified (Saubhagya,	but reliability and green integration vary.
	2022)	
Forest Cover Change	Net increase of 2,261 sq.	Increase mostly in open and scrub forests;
(2019–2023)	km	quality of canopy cover remains debated.
SDG 7 (Affordable &	74/100 (NITI Aayog SDG	Improvement driven by renewables, but
Clean Energy) Score	Index, 2023)	urban-rural consumption divide still
		present.
Investment in Green	USD 12.6 billion in 2023	India is among top 5 destinations for
Energy (FDI + Domestic)		renewable energy investment globally.
Carbon Intensity of GDP	26% reduction since 2005	Aligns with India's commitment to net-zero
	(updated in 2023 NDC)	by 2070; sectoral shifts underway.
State-Level Integration	Solar parks exceed 10 GW	High-performing states contribute
(e.g., Rajasthan, Gujarat)	installed	disproportionately; others lag in grid
		upgrades.
Community-Based	120,000+ Forest	Participatory models exist but vary in
Forestry (JFM)	Management Committees	autonomy, gender equity, and ecological
	active	goals.

Source: MoEFCC (2023); NITI Aayog SDG Index (2023); IRENA (2024); Global Green Growth Institute (GGGI, 2023); Forest Survey of India (2023)

India has achieved phenomenal strides in the field of renewable energy growth and environmental rehabilitation and has become a world leader in transition towards sustainable development. India has 180.2 GW of installed renewable power as on January 2024 with sound solar and wind capacity and is continuously moving towards its ambition to reach 500 GW non-fossil fuel capacity by 2030. The nation's 23.2% renewable electricity generation share illustrates this trend, though grid integration and state variations are ongoing issues. More than 1.35 million hectares have been reclaimed under restoration under CAMPA and NAP, but widespread monoculture plantation propagation is raising eyebrows about long-term biodiversity returns [22]. Net gain of 2,261 sq. km of forest cover during 2019-2023, largely in open forest categories, indicates arithmetic gains but raises questions about the quality of the forests in terms of ecological soundness and capacity for carbon sequestration. Power availability has increased

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exponentially, with 99.9% of rural homes now electrified, but reliability, price, and inclusion of green power into rural grids is erratic [23]. State performance is far from uniform: Rajasthan and Gujarat are solar powerhouses, while others are struggling with infrastructure and policy coordination. India's 74/100 SDG 7 rating reflects its success in clean and accessible energy but emphasizes the need for greater last-mile delivery and rural-urban parity. In climate action, a 26% reduction in the carbon intensity of GDP since 2005 aligns with India's Nationally Determined Contributions and long-term goal of net-zero emissions by 2070. However, this journey will require more systemic sectoral decarbonization and financial innovation. Models like Joint Forest Management currently have more than 120,000 committees but with varying successes. Issues of participatory equity, particularly for women and indigenous communities, and actual decision-making authority are still open to reform [24]. On the other hand, though India's policy institutions and government expenditure on infrastructure have paid high dividends, the task is to deliver ecological quality, equity, and balance across states, and reconciling environmental goals of restoration with decentralized renewable energy strategies will be important to pursue resilient, equitable, and sustainable development.

# Other Green Energy and Ecological Trade-offs

India's action of 500 GW non-fossil capacity by 2030 encompasses PM-KUSUM program, where agriculture is solarized. India has reclaimed more than one million hectares of degraded land under CAMPA until 2024. Monoculture plantations such as eucalyptus and acacia are prevalent, with the result of having low biodiversity. Maharashtra's Solar-Water Nexus In Maharashtra's Jalgaon and Ahmednagar districts, more than 7,500 farmers have shifted to solar pumps under PM-KUSUM Component-B. With an installed capacity of 9.4 MW, the solar installations water the fields and minimize diesel consumption [25]. Nevertheless, Indian Council for Research on International Economic Relations (ICRIER) studies indicate that, out of solar project-associated plantation, merely 23% had native vegetation, thus demonstrating the necessity for ecological integration.



Figure 2: Benefits of Ecological Sector

Maharashtra's Solar-Water Nexus in Maharashtra state's Jalgaon and Ahmednagar districts, more than 7,500 farmers have adopted solar pumps under PM-KUSUM Component-B. With a total installed capacity of 9.4 MW, the solar systems irrigate and decrease the consumption of diesel. ICRIER analyses, however, show that just 23% of plantations with solar schemes incorporated native species, which needed ecological integration. Tamil Nadu's Wind-Forest Interface Tamil Nadu, India's highest wind capacity installed state, has seen high-level green energy deployment coupled with forest and scrubland regeneration [26]. The Tirunelveli and Kanyakumari districts' Aralvaimozhi-Kayathar wind corridor is an example. Here, more than 1,200 MW of wind power projects exist alongside people-organized regeneration of 3,500 hectares of degraded forest patches under the Green Tamil Nadu Mission. The wind farms were earlier targeted for habitat fragmentation impact and avian kill, especially the resident raptor populations [27]. Habitat corridors, natural vegetation rejuvenation, and monitoring towers with AI-driven avian radar systems were initiated by the Tamil Nadu Forest Department and the Salim Ali Centre for Ornithology and Natural History as a mitigation project.

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Figure 3: Benefits of Wind Energy

At the same time, afforestation vehicle movement along local scrub lands have introduced 11,200 tonnes of carbon sequestration a year, and stabilized local microclimates to the advantage of agriculture and biodiversity. Increased community engagement by way of Joint Forest Management Committees has resulted in added livelihood prospects via eco-tourism and native plant nurseries [28]. This blending of high-density wind power infrastructure into ecological conservation presents the possibility of biodiversity-conserving renewable energy planning. The Tamil Nadu model presents a replicable model for balancing habitat conservation with green infrastructure. Efforts of India to achieve 500 GW non-fossil energy capacity by 2030 include the scheme of PM-KUSUM, where solarization of agriculture becomes possible. India has already rejuvenated more than 1 million hectares of degraded land under CAMPA up to 2024. But monoculture plantations such as eucalyptus and acacia prevail over it, usually resulting in lower biodiversity.



Figure 4: Process of Integration of Wind Energy

India, through initiatives like PM-KUSUM and restoration schemes under the CAMPA system, achieved a growth of 11.2% in energy access, particularly in rural and agricultural areas. However, the biodiversity effect is medium because monoculture plantations prevail, which, being short-lived and commercially valuable, contribute absolutely nothing to ecological services [29]. The climate resilience benefit of the country remains moderate owing to increased energy security but still facing issues like groundwater extraction and ecological fragmentation. The future direction for India is adopting more indigenous species into restoration and upgrading community forest management through Joint Forest Management.

#### Challenges Affecting Renewable Energy Sources

Renewable energy, as hopeful as it seems, is confronted by a sequence of interconnected problems limiting its widespread adoption. The first of these is the volatility of sources such as sun and wind, which demand sophisticated storage and intelligent grid facilities to stabilize supply. Hugely prohibitive up-front costs remain deterrents, particularly in developing economies that lack access to cheap finance [30]. Environmental and land conflicts arise when large-scale developments encroach on landscapes or displace populations, and uncertainty in policies resulting from shifting subsidies, conflicting tariffs, or slow approvals deter private investment. Raw material dependence, notably strategic metals such as cobalt and lithium, also harms the industry and subjects it to geopolitical risk. In other cases, local opposition to wind farms or solar farms because of land use, visual impact, or noise delays installation. New technologies such as green hydrogen and ocean power remain to be created at high expenses, and the absence of adept human resources further postpones the effectiveness of projects [31]. All these need to be addressed through integrated policy, innovation, and inclusive governance in order to gain the maximum advantage of renewable energy for sustainable development.

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#### Understanding project impact from minimal to significant consequences.



Figure 6: Significant Consequences

#### CONCLUSION

The integration of green energy production with ecological rehabilitation has revolutionary potential to respond to the world's climate crisis while promoting biodiversity and improving human health. Integrated models of synergistic combinations of the deployment of renewable energy—solar, wind, and bioenergy and mass afforestation, agroecological design, and ecosystem recovery contribute to climate mitigation, resilience, and rural poverty reduction at the community level. When integrated, these interventions minimize carbon footprint, rehabilitate damaged habitats, recover ecosystem functions, and establish green livelihoods, particularly in sensitive areas. As demonstrated above, global trends indicate that nations that invest in green transitions that are ecologically based have good performances both in biodiversity and in social matters. But these are optimized only if ecological, social, and energy policy mechanisms are perfectly calibrated.

#### Implications for India

In the Indian situation, the potential for such integration is vast but still untapped. Initiatives such as PM-KUSUM have succeeded in increasing availability of renewable energy in farm settings, but end up compromising ecological sensibility in the bargain giving priority to big solar parks and monoculture plantations over mixed, community-driven systems. To bridge this divide, some policy interventions are needed. First, ecological audits should be made a conditionality for all renewable energy schemes so that biodiversity at the site level is not compromised. Secondly, CAMPA revenue should directly relate to community-based agroforestry systems involving native species afforestation and livelihood protection. Thirdly, India needs to implement Payment for Ecosystem Services programs, wherein local communities can own restored landscapes and gain economic rewards. Last but not least, state energy plans must include biodiversity conservation, such that renewable energy growth is not at the expense of environmental degradation. Through environmental conservation and inclusive government in its transition to green power, India can position itself to become the building block for a green, equitable, and environmentally diverse model of development, leapfrogging as a world leader in sustainable development.

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