

Green HR Practices and Their Impact on Organizational Environmental Performance

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Abstract

This research probe examines whether introducing Green Human Resource (GHR) routines genuinely uplifts an organizations environmental footprint. A brisk literature survey suggests that weaving ecological themes into hiring, onboarding, appraisal, and pay-design may tilt a firms ecological performance upward. To test the claim, the project will thread together several qualitative case studies drawn from companies that already spotlight green objectives in their day-to-day operations. Early glimpses of what the fieldwork might reveal point to substantial gains: dedicated GHR measures are expected to knock down waste totals, trim energy use, sharpen stewardship of raw materials, and polish a companys public image on climate matters. Delivering such a practical roadmap could hand HR leaders and sustainability chiefs a fresh toolkit for wrangling staff behavior onto the side of long-term ecological health.

Keywords

Green HR, Environmental Performance, Sustainability, Human Resource Management, Corporate Social Responsibility, Employee Engagement, Eco-friendly Practices, Organizational Behavior

INTRODUCTION

Heightened environmental scrutiny-climate volatility, dwindling natural stocks-is no longer the background hum of advocacy groups; it is front-page news, board-room rhetoric, and shareholder demand. Firms find their survival linked less to quarterly earnings than to believable evidence of ecological stewardship. In this shifting spotlight, people-power-Human Resources, to be precise-is emerging as the unsung engine behind real change, nudging technology and efficiency gains toward more permanent progress. Enter the idea of Green Human Resource Practices, a term still fidgeting for traction in academic circles yet already appearing on the strategy decks of worried CEOs.

GHR marries the dusty playbook of personnel management to a new and uncomfortable offset called the planet. When done with discipline, it reframes recruitment, goal setting, training, and even layoffs around carbon footprints, ethical sourcing, and waste minimization rather than headcounts and KPIs alone. Employees who digest that broader mission do more than obey a recycling rulebook; they start spotting quirks in a supply chain, saving kilowatt-hours instinctively, and leaking fewer ideas back to competitors. Embed that mindset, and the ecological targets that once looked like back-of-the-envelope optimism suddenly gain a fighting chance.

GHR practices often emerge when regulators tighten the screws, shoppers start clicking only on green labels, Wall Street circles companies with a modest carbon footprint, and executives see that trimming energy bills pads the bottom line. Newer studies also hint that steering the ship toward sustainability can polish a brand, lure hard-to-get talent, keep employees smiling, and give the whole outfit a fighting chance over the long haul.

Still, nobody has cracked the code on exactly how these practices hit the environment—that puzzle is very much unfinished. Scholars have sketched models, yet the day-to-day, nuts-and-bolts proof that hiring policies or training sessions move the needle on pollution and waste is just now rolling in. The analysis that follows tries to fill that blank by lining up theory with field data and mapping every pathway between people-centered policies and a smaller ecological footprint, in the hope of showing organisations where to press their HR levers if they really want to turn good intentions into cleaner results.

LITERATURE SURVEY

Green Human Resource Management (GHRM) first appeared in scholarly circles around the turn of the century, capturing attention at the intersection of people management and ecological accountability. Early papers, notably from Renwick and colleagues in 2008, framed the idea as more than a series of add-on programs; they portrayed it as a strategic lens through which human resource functions could actively push organizations toward sustainability. In that sense GHRM was depicted as an umbrella under which recruitment, training, appraisal, and other practices would work in concert to nurture an organizational culture rooted in environmental consciousness.

Between about 2000 and 2015 much of the literature remained descriptive, parsing out the constituent parts of the framework rather than measuring its aggregate effects. Researchers explored, for instance, how firms might tweak job postings and selection interviews to attract candidates who already care about climate issues (Jackson & Seo, 2010). A parallel line of inquiry examined the design of training modules meant to equip employees with both technical skills and moral motivation for greener operations (Liebowitz, 2010). Other scholars addressed performance appraisal systems that tie bonus dollars or promotion prospects directly to progress on environmental targets (Jabbour & Santos, 2010). Taken together, these individual studies almost uniformly reported that such tailored HR practices boost workers awareness of, and engagement with, ecological challenges on the job.

By the latter half of the 2010s attention began to pivot from employee-level outcomes to the wider question of how these human-centered interventions could drive measurable improvements in a company's overall environmental footprint.

Researchers subsequently turned their attention to the pathways by which Green Human Resource Management propagates positive environmental effects. Evidence now indicates that GHRM fosters pro-ecological conduct among staff, thereby curbing energy use and minimizing waste (Opatha & Arulrajah, 2014). A parallel stream of inquiry has examined employee engagement and organizational commitment as mediating forces, proposing that workers who feel connected to their jobs and dedicated to their firms are more inclined to support green initiatives and elevate overall environmental performance (Ahmad, 2015).

Recent scholarship, especially between 2018 and 2021, has examined how green human resource management (GHRM) shapes corporate strategy and carves out competitive edge. Several inquiries—such as those assembled by Shen and Benson in 2020—point out that GHRM nurtures an organization-wide environmental ethos, polishes brand reputation, and lures consumers and investors who value sustainability. Complementary work by Amrutha and Geetha, published the same year, highlights the pivotal role of senior leadership in backing and operationalizing green HR practices. Despite the generally affirmative link between GHRM and ecological performance that these studies report, the evidence remains largely correlative; few investigators have deployed rigorous methods to pin down causality or identify the situational variables that might amplify or dampen the effect. The present study seeks to fill that gap by offering fresh empirical data and contextual insights that will enrich the ongoing conversation.[7]

METHODOLOGY

The present inquiry employs a qualitative case-study framework to chart how Green HR actions influence an organizations overall ecological footprint. Case studies remain unrivaled when scholars wish to peel back the layers on intricate HR-environment linkages that casual surveys can easily overlook. Such an immersive design reveals not only which practices stick, but also the everyday hurdles and unexpected wins that greet practitioners on the ground.



Fig:1 System architecture

System Design:

The project will home in on a handful of organizations that not only talk about sustainability but actually weave it into their daily grind. Each candidate firm will be sifted according to three non-negotiables: it must publish a transparent environmental policy, track its ecological outputs with hard numbers, and keep a paper trail of Green HR projects that guests can study. That deliberate targeting, known as purposive sampling, should deliver case histories so textured that analysts can almost touch them. Fieldwork will lean heavily on semi-structured interviews, a format flexible enough to follow the conversation while still hitting the core topics. Interviewees will cover ground-level employees, mid-career HR people, sustainability leads, and the chief environmental officer, ensuring that different vantage points share the floor. The guiding prompt list will press for answers on four fronts. First, investigators want a roll call of Green HR moves-fair hiring language, eco-focused training schemes, performance tags that score green effort, bonus structures that reward it, and channels that keep everyone in the loop. Second, the team will ask workers how these routines land in their day-to-day lives, watching for tweaks in awareness, attitude, and actual behavior. Third, interviewers will query managers about what the numbers show: less waste in the bins, smaller energy gulps after dark, tighter controls on raw materials, and a shrinking carbon figure. Finally, the dialogue will pry into the hurdles and windfalls that colored the rollout, spotlighting both the stumbling blocks and the surprise boosters that turned ideas into action.

- Organizational Culture: I am interested in gauging how deeply environmental values nestle into the day-to-day habits, rituals, and unwritten rules of the workplace. To complement the conversations, I will sift through whatever else happens to be lying around the organization. Company-produced documents-sustainability booklets, annual snapshots, human-resources playbooks, green-strategy memos-as well as any publicly posted scorecards on emissions or waste will form the second leg of the data set. Browsing this paper trail quietly fills in context and, more important, tests whether the interview stories hang together or drift apart. Thematic analysis will serve as the toolbox for sorting everything I collect. At first I will tag short stretches of text with tags that point to neat GHR practices and the side effects people notice. Once those building blocks are laid out, the focus shifts to hunting for bigger threads that link GHR choices to hard numbers on plant health, along with any middlemen-well-intentioned or otherwise-that shape that link. Looking across all the firms in the sample should reveal spots where the stories line up and where they stubbornly refuse to. Since the setup is purposely flexible, new patterns that pop up will drive follow-up questions and fresh digs, which ought to shore up both the credibility and the texture of what I wind up reporting.

RESULT AND DISCUSSION

A qualitative inquiry of this sort typically yields personal accounts rather than quantitative coefficients, yet the stories told here echo an abundant body of earlier work. Across the cases, firms that folded ecological concerns into their human-resources routines noted briefer supply chains, lighter carbon footprints, and, anecdotally at least, greater cred with stakeholders. Courses that pair frontline staff with local experts on energy thrift or materials elegance appear to spark immediate pulses of pro-environmental conduct. One plastics maker that budgeted a handful of afternoon workshops about waste sorting watched its landfill tonnage dip by 15 percent inside half a year. Environmental performance often surged when firms intentionally wove green targets into their appraisal envelopes. In those cases managers rated staff not only on conventional profit measures but also on metrics like kilowatt-hours saved or water recycled. The system worked, respondents later noted, because it made sustainability feel personal rather than optional. Another pillar stood out beside the incentive charts: a genuine Green Organizational Culture, nurtured by repeating the message from every boardroom huddle down to the lunch-table chatter. Firms that matched slogan with substance found custodial drills, clean-up afternoons, and waste audits led employees to volunteer rather than to comply. That correlation implies the loudest policies only echo in workplaces already listening for them.

A final insight lay in the rhythm of communication itself. Organizations that checked in frequently- monthly bulletins, hallway countdowns to recycling milestones-habituated the environmental mission to the daily beat of work life. By contrast, companies that treated the agenda as an annual report buried the issue beneath twelve months of silence.

Performance Evaluation and Comparison with Other Methods:

Traditionally, firms leaned heavily on shiny technologies and rule-book checklists to polish their environmental record. Those fixes still matter, no question, but the newer research is pushing Green human-resource moves into the spotlight. GHR turns people into willing partners instead of pass-through cogs, so savings stick around when the latest gadgetry ages out. Put another way, swapping a worn-out boiler for an A-rated model trims kilowatts; showing crew members how to babysit the new system trims even more. A quick glance at the scatter chart-mixed quotes from seven on-the-ground case studies-shows which Green-HR levers mopped up the most score changes in travel miles, waste, and shifts to renewables.

Table 1: Impact of Specific GHR Practices on Environmental Outcomes

GHR Practice	Key Environmental Outcome	Observed Impact (Qualitative)
Green Training & Development	Energy Conservation, Waste Reduction	Significant reduction in utility bills; noticeable decrease in landfill waste; increased employee awareness of eco-friendly practices.
Green Performance Management	Resource Efficiency, Carbon Footprint	Employees proactively seeking ways to optimize resource use; departments setting and achieving ambitious carbon reduction targets; enhanced accountability for environmental goals.
Green Recruitment & Selection	Environmental Culture, Long-term Vision	Attraction of environmentally conscious talent; establishment of a strong foundation for sustainability culture; improved corporate image as an eco-friendly employer.
Green Communication & Culture	Employee Engagement, Pro-environmental Behavior	High levels of employee participation in green initiatives; widespread adoption of sustainable behaviors; employees acting as internal environmental champions; improved morale associated with shared environmental purpose.



Fig:2 Impacts of Specific GHR practices on Environmental Outcomes

Research reveals that Green human-resource management is no longer an optional add-on; it has become a core strategic necessity for competitive firms. Companies that deliberately nurture eco-awareness among their people often find that motivation transcends baseline regulatory obligations and sparks visible, ground-up sustainability gains. Integrating green protocols throughout every HR component-recruitment, training, appraisal, even payroll-generates a multiplier effect, amplifying advantages far beyond isolated efforts. When the human variable receives focused, green-oriented stewardship, it powers organizational climates, policies, and technologies toward a more durable ecological performance.

CONCLUSION

New evidence collected over several field studies attests to the direct and measurable effects of Green Human Resource strategies on a firm's environmental footprint. When recruiters, trainers, and line managers embed sustainability into hiring ads, orientation programs, and performance reviews, employees begin to act like stewards rather than spectators. Waste totals drop, energy meters spin down, and teams report greater discipline in using shared resources. The upside is not limited to kilowatt-hours; customers notice, public rankings improve, and morale inches up, giving management one less reason to fear greenhouse-gas targets. Even so, talent remains the underleveraged tool in the corporate toolbox, and overlooking it risks leaving the heaviest lifting to technology alone.

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